

Big Kid Waiver

****FOR MOTHERS WITH CHILDREN AGES 6+ ONLY****

I, _____, take full responsibility for my non-stroller aged child(ren) and their actions during each and every Stroller Fitness class. Please initial beside the following statements to state you agree to them:

After three warnings, I understand that if my child(ren) disobey the rules set forth by FIT4MOM Alexandria, they will no longer be able to attend classes with me. _____

I have gone over the rules below with my child(ren), and they agree to obey said rules at each class attended.

1. They will walk or run beside me as we move from station to station. _____
2. They will follow all instructions given by the instructor. _____
3. Things with wheels (scooters, bikes, skateboards, hoverboards, etc.) are not allowed to be used/ridden during class time. _____
4. At each station they will stay out of the way of the mothers who are exercising. They will not use any equipment to perform exercises. _____
5. They will be respectful of all mothers and children attending class. _____
6. If an injury occurs, I will not hold FIT4MOM Alexandria or any of its instructors liable for said injuries. _____

My child(ren) and I have read and agree to the above rules and regulations.

SIGNATURE

PRINT NAME

DATE

OWNER SIGNATURE & DATE